WEEKS MEDICAL CENTER

SBIRT Implementation
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LCMHC

WMC Campus

Whitefield Physician's office

Groveton Physician's office Weeks Medical Center/Hospital Lancaster NH

Lancaster Physician's office

North Stratford Physician's office

WMC

- We are a critical Access Hospital with 4 Rural Health Clinics (RHC)
- We serve about 9000 unique patients
- 1700 are pediatric patients 0-18
- We have 12 providers and 11 of them see pediatric patients. We have 1 primary pediatrician, and 1 internal medicine physician who tends to not see teenagers.

Screening Tools

- We are using the CRAFT, AUDIT, and the DAST as our primary tools.
- Prescreening tools
 - We have chosen to use the first question of each tool as a prescreener.

DAST

In the last 12 months, Have you used drugs other than those required for medical reasons?

AUDIT

Men: In the past year, have had 5 or more drinks in a day?

Women: In the past year, have you had 4 or more drinks in a day?

A positive answer to each of these warrant the complete screen



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43 Main Street

CRAFFT Screening Tool for Adolescent Substance Abuse

The following questions concerninformation about your potential involvement with alcohol and other drugs: during the past 12 months. Carefully read each question and decide if your answer is "YES" or "NO". Then mark in the appropriate box beside the question. Please answer every question. If you cannot decide, then choose the response that is mostly right.

When the word "drug" is used, it refers to the use of prescribed or over-the-counter drugs that are used in excess of the directions and any non-medical use of drugs. The various classes of drugs may include but are not limited to: cannabis (e.g., marijuana, hash), solvents (e.g., gas, paints etc...), tranquilizers (e.g., Valium), barbiturates, cocaine, and stimulants (e.g., speed), hallucinogens (e.g., LSD) or narcotics (e.g., Heroin, Oxycontin).

	Part A: During the PAST 12 MONTHS, did you:	No	Yes
	Drink any alcohol (more than a few sips)?		
	(Do not count sips of alcohol taken during family or religious events.)		
	2. Smoke any marijuana or hashish?		
	Use anything else to get high? ("anything else" includes illegal drugs, over the counter and prescription drugs, and things that you sniff or "huff")		
	Part B: CRAFFT	No	Yes
	 Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs? 		
	f you answered Yes to any of the above, please answer the following questions iso. If all were No, stop here. Thankyou	No	Yes
	2. Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in?		
H	Do you ever use alcohol or drugs while you are by yourself, or ALONE?		
	Do you ever FORGET things you did while using alcohol or drugs?		
	5. Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use?		
	5. Have you ever gotten into TROUBLE while you were using alcohol or drugs?		

AGES

- We are using the CRAFT for ages 12-17
- We are using the AUDIT and DAST for Teens ages 18-22
- On the AUDIT or DAST any positive result is considered a positive and BI would be warranted. All alcohol and drug use between 12-20 is considered harmful use.

Implementation Pilot program

- We started with a pilot program in our Groveton Physician's Office on January 25th 2016.
- We initially started screening everyone!
 We tapered this back over time.
- We began using paper versions of our screening tools and we continue to use them for tablet meltdowns.



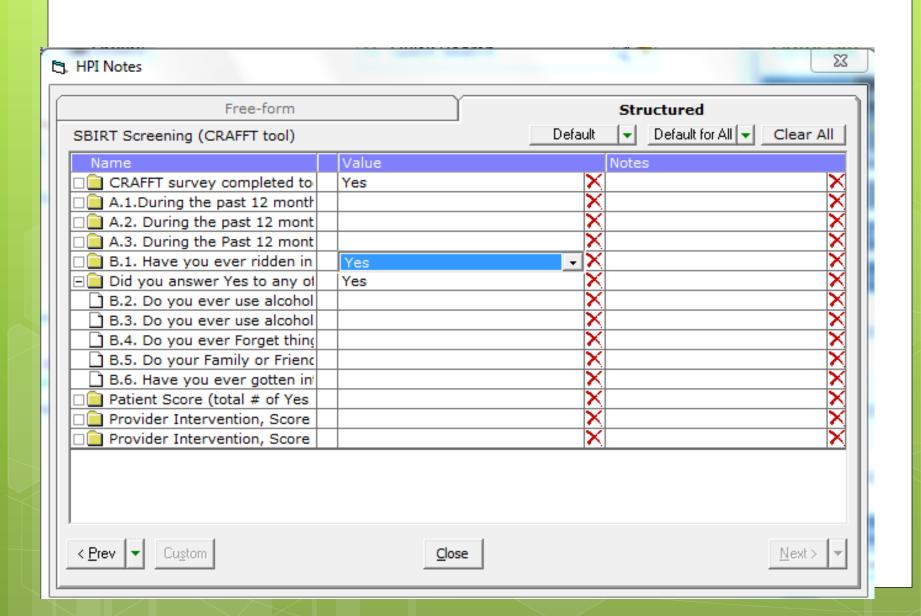
"Your appointment's been cancelled. You took too long filling out those forms."

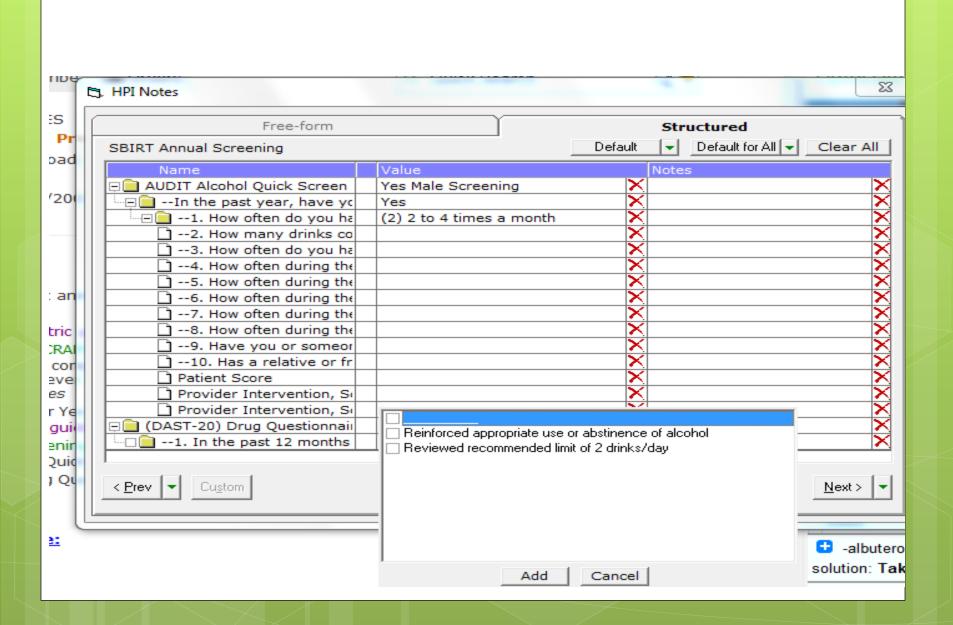
Implementation

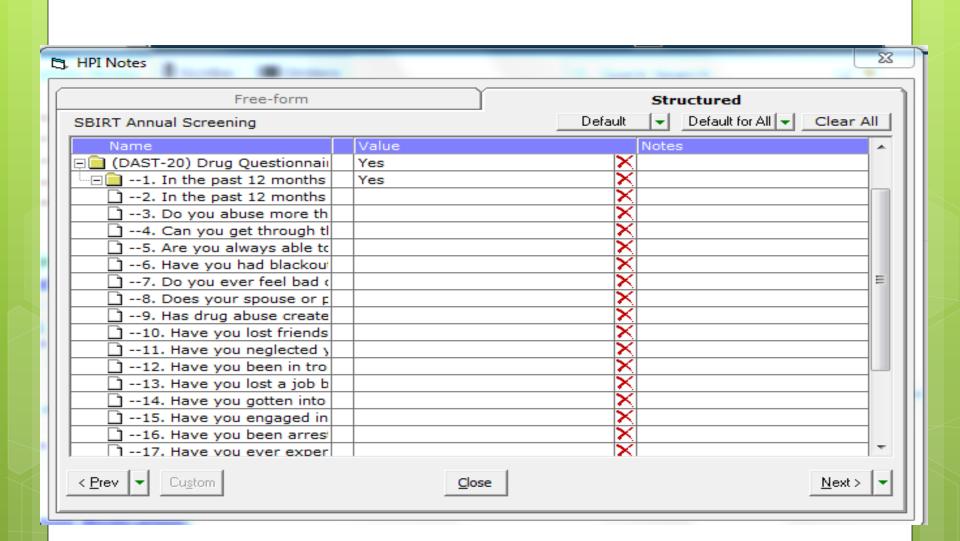
- We went campus wide in June 2016
- We only screen well child checks, new patients, physical exams.
- We introduced and provided training with staff on 5/16/16 and started all campus's with the tablets in June.

eClinical Works (ECW)









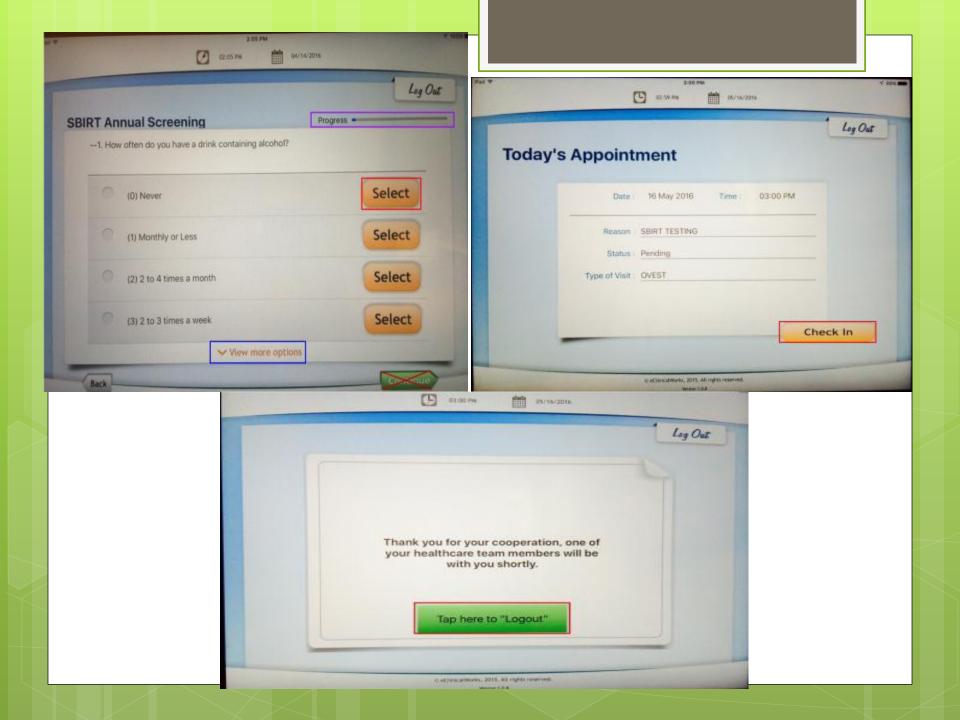
Provider intervention for a positive screen

- Dpen ended discussion about patients use, possible overuse, impa
- ☐ Declines referral to LDAC
- Agrees to LDAC referral, referral started
- 15 minutes or more spent on SBIRT screening/intervention during.

Add

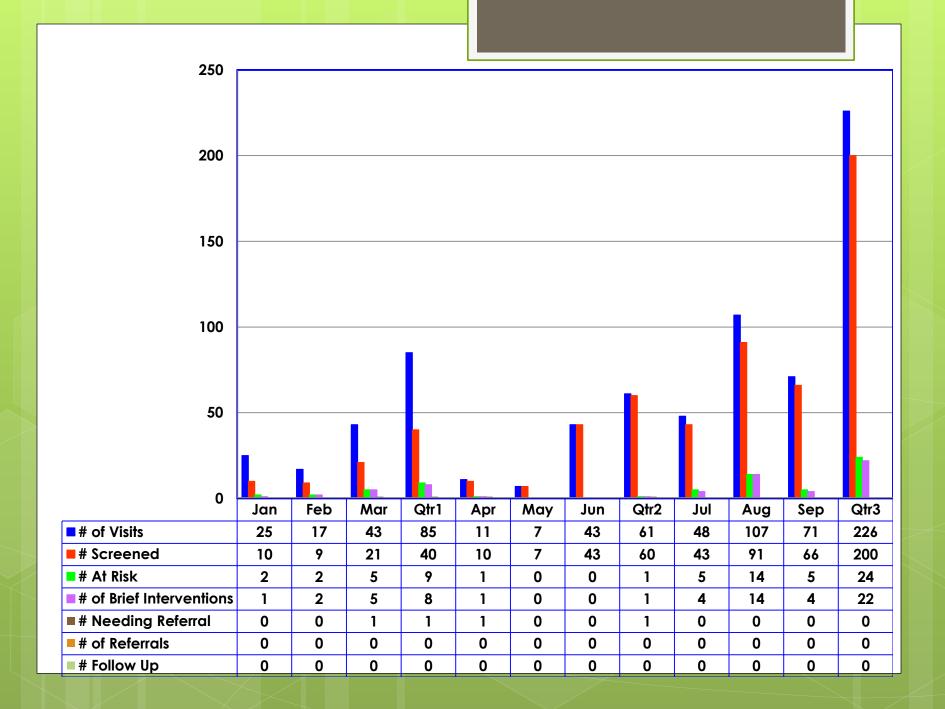
Cancel

Tablets



Challenges of the Tablets

- They currently have a bug (technical issues)
- The increased security leads to timing out issues.
- The MA's have to remember to bring them into the visit.
- Older adults don't know how to use them
- Quicker to just ask the screener questions.



Benefits of SBIRT

- Decreases the stigma of substance use
- It reinforces that addiction is a disease and that it is important part of your health care.
- It gives patients a place to go to discuss substance use.
- It demonstrates the importance of the patient provider relationship.
- The integration of Behavioral Health into the Primary care setting.