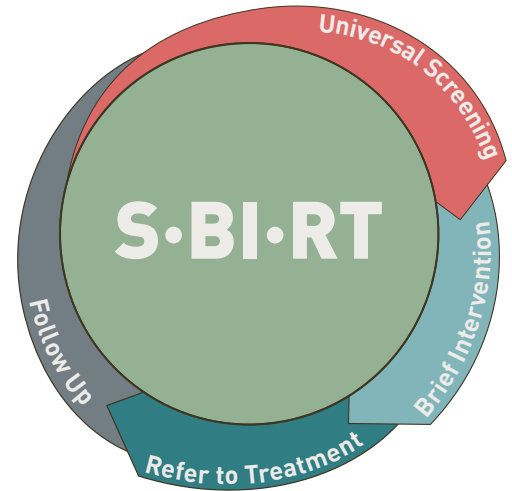


SCREENING: Youth Alcohol and other Drug Screening Tools

When you have a doctor's visit there are certain questions they ask you every time, and others that they ask you annually. S•BI•RT adds an effective screen for problematic alcohol and drug use.

Screening to Brief Intervention (S2BI)

Dr. Sharon Levy, MD, MPH, of the Division of Developmental Medicine, Adolescent Substance Abuse Program at Boston Children's Hospital and her colleagues, with National Institute on Drug Abuse (NIDA) funding, have developed the S2BI, a new validated electronic screening tool for youth. S2BI begins with a single question assessing the frequency of past-year use in eight categories of substances, including alcohol, marijuana, cocaine and prescription drugs. *NIDA is supporting the broad implementation of S2BI.*



S2BI questions*

The following questions are not the full S2BI tool but simply the questions to allow for an understanding of the simplicity of this screen. Free on-line training modules and S2BI information are available through www.teensubstancescreening.org. S2BI utilizes an electronic device (eg. tablet) on which youth answer with "Never," "Once or twice," "Monthly," or "Weekly or more;" for the following questions:

In the past year, how many times have you used Tobacco? Alcohol? Marijuana?
STOP if all are "never." Otherwise, continue with questions.

In the past year, how many times have you used

- Prescription drugs that were not prescribed for you (such as pain medication or Adderall)?
- Illegal drugs (such as cocaine or Ecstasy)
- Inhalants (such as nitrous oxide)?
- Herbs or synthetic drugs (such as salvia, "K2", or bath salts)?

**These questions are included for informational purposes only. They are not the full screening tools.*



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For more information go to: www.SBIRTNH.org

SCREENING: Youth Alcohol and other Drug Screening Tools

CRAFFT (*Car, Relax, Alone, Forget, Family/Friends, Trouble*)

The CRAFFT is a behavioral health screening tool for use with children under the age of 21 and is recommended by the American Academy of Pediatrics' Committee on Substance Abuse for use with adolescents. It consists of a series of 6 questions developed to screen adolescents for high risk alcohol and other drug use disorders simultaneously. It is a short, effective screening tool meant to assess whether a longer conversation about the context of use, frequency, and other risks and consequences of alcohol and other drug use is warranted.

CRAFFT is a mnemonic acronym of the first letters of the key words in the six screening questions. Developed by the Center for Adolescent Substance Abuse Research (CeASAR), the self-administered version of the CRAFFT has been validated repeatedly.

CRAFFT Questions*

The following questions are included to provide exposure to this tool, they are not the full screening tool. More information, training, and the complete screen are available at www.ceasar-boston.org/CRAFFT. The CRAFFT has also been translated into a number of other languages including Spanish, French, Russian and Turkish which are all available on this site at no charge.

- C** - Have you ever ridden in a **CAR** driven by someone (including yourself) who was "high" or had been using alcohol or drugs?
- R** - Do you ever use alcohol or drugs to **RELAX**, feel better about yourself, or fit in?
- A** - Do you ever use alcohol or drugs while you are by yourself, or **ALONE**?
- F** - Do you ever **FORGET** things you did while using alcohol or drugs?
- F** - Do your **FAMILY** or **FRIENDS** ever tell you that you should cut down on your drinking or drug use?
- T** - Have you ever gotten into **TROUBLE** while you were using alcohol or drugs?

**These questions are included for informational purposes only. They are not the full screening tools.*



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