

## Team S•BI•RT Plan

### S•BI•RT Implementation Team Plan *[site name]*

**Team leader:** [name, contact info]

**Team members:** [names]

**Date of team formation:** [date]

**Anticipated length of time the team will focus on S•BI•RT Implementation:** [dates]

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#### **The problem...**

{According to the 2012 National Survey on Drug Use and Health, New Hampshire's rates of alcohol and other drug misuse, particularly among youths, are some of the very highest in the country. Recent research indicates that 90% of adults addicted to alcohol, tobacco or other drugs began using these substances before the age of 18. This suggests that professional screening in primary care settings provides great possibilities for changing the paradigm, reducing stigma, and significantly reducing the threat that substance misuse poses to individual and population health and well-being.}

#### **The Goal of S•BI•RT Implementation is...**

{To increase the number of New Hampshire patients screened in primary care settings and who receive clinical response and referral appropriate to their level of risk.}

#### **The Global Aim of the [site name] S•BI•RT team is...**

{To universally screen for alcohol and drug use in our practice and provide appropriate clinical response including brief intervention, referral, and follow up appropriate to their level of risk by [date], by incorporating S•BI•RT into our practice.}

#### **The S•BI•RT process begins...**

{When a designated staff person initiates the screening of a patient.}

#### **The S•BI•RT process ends...**

{When the screening results have received identified response including documentation of brief intervention, results of referral, and follow up visits. }

#### **Out of scope...**

{Providing [on-going] treatment for patients with substance use disorders.}

#### **In scope...**

{Providing brief treatment and supported referrals with existing behavioral health clinicians.}

## Team structure

1. Identify the leader for S•BI•RT at your practice site:
2. List the leader's responsibilities:
3. List the responsibilities of the team members:
4. Decide how often your team will meet, where, and for how long:
5. Decide how decisions will be made (Consensus? Vote? Only during meetings? Via email?).
6. Develop a plan for communicating among team members between meetings.

## Example Team Deliverables

### Play 3: Developing a Plan - Goals and Strategies

- Determine the goal of S•BI•RT implementation and reach consensus on its value. Get all of the potential biases regarding alcohol and drug use out on the table.
- Make a list of concerns regarding the project. Review and resolve that list during implementation.
- Discuss current practice for assessing substance use, even if assessment is inconsistent.
- Make a flowchart or map of how it works—or doesn't work—now. Identify issues to inform priority areas to address in S•BI•RT preparation.

**Measure(s):** A list of your aims and measures based on an assessment of your practice and the goals of S•BI•RT.