

S•BI•RT Simulation Training Available in New Hampshire

Why improve your S•BI•RT skills?

In the context of heightened awareness about the state's opioid crisis and persistent high rates of alcohol and other drug use among NH young people, NH has been leading the way in adopting Screening, Brief Intervention and Referral to Treatment (S•BI•RT) as standard practice.



At least 28 pediatric and primary care practice sites, serving tens of thousands of NH patients, have now incorporated S•BI•RT into routine patient care to help patients address and moderate their substance use, to identify referrals for further assessment, counseling or treatment where needed, and to provide practitioners with essential information to inform good patient care. Over 300 NH primary care providers and many other staff across the state have already received S•BI•RT training,

and well over 12,000 NH youth and young adults have already been screened for substance use.

As health systems in NH move increasingly toward integration of primary care and behavioral health, medical professionals equipped with screening and intervention skills and best practice tools are well positioned to participate successfully, improving patient outcomes and reducing health care costs.

We are excited to make available this free Kognito simulation, which offers health and behavioral health care providers the opportunity to refresh—or to begin to practice and develop—their screening, brief intervention and motivational interviewing skills.

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Why practice your S•BI•RT skills in a simulation?

Practicing your SBIRT skills in a simulation allows you to explore S•BI•RT conversations and motivational interviewing techniques with realistic virtual patients in a private, flexible and engaging environment. You can explore effective (and ineffective) ways of responding to patients, and gain understanding of how best to help patients overcome resistance to behavior change.

Refresh S•BI•RT knowledge through interactive modules

Practice motivational interviewing

Assess S•BI•RT skills through conversation with real-time feedback (not quizzes)

Obtain CEUs: 2.0
CME AMA PRA
Category 1 Credits™,
2.0 ANCC CNE, 2.0
NASW credits

SBI with Adolescents is available at no cost to NH providers until March 2019.

Access the simulation at: kognitocampus.com | Use Enrollment Key: **nhsbirt**

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How can my practice get the most out of the free Kognito simulation?

- Refresh training: help health and behavioral health providers to practice skills and gain confidence
- Onboard new staff: as first introduction to S•BI•RT
- Integrate with other S•BI•RT training approaches
- Precede or follow face-to-face or online training modules
- Augment group training with individual practice.

What you can expect from the Kognito simulation:

- Practice realistic virtual patient conversations from your desktop or laptop
- Start and stop at any time at your convenience to complete the 45-60 minute activity
- Receive immediate feedback on your responses from a virtual coach
- Employ an Undo button that enables you to explore various ways to respond to the patient
- An engagement meter indicates the patient's level of engagement based on your choice of response
- Use the Brief Intervention checklist as a helpful reference when screening
- Track the participation rates and performance of your providers with Usage Reports
- Closed captions for those that are hearing impaired or wish to read the conversation Kognito technical support is available between 9-5pm EDT by contacting support@kognito.com or 646.923.8632.

Performance Monitoring and Improvement

- Usage reports for your organization provide information about your staff's engagement, performance, and completion of the simulation.
- Score history reports detail each user's progress over time, which can be used to inform additional training needs.
- To access reports for your site, contact the Kognito team at support@kognito.com.

“This will be a valuable tool for us to access for educating new staff and for keeping up competencies for staff who have been trained.”

- Director of Clinical Services at a NH Community Health Center, pilot tester

“I really loved this – have been doing S•BI•RT with adults for a long time – I loved the practical content of the learning. The simulation was fun.”

- Behavioral Health/Addictions Specialist in Connecticut

For more information about S•BI•RT implementation and technical assistance, visit S•BI•RT nh.org or contact the NH Center for Excellence (<http://nhcenterforexcellence.org/home/contact-us/>)

This learning opportunity is fully funded through a partnership of the Conrad N. Hilton Foundation and the New Hampshire Charitable Foundation.